



Boca Raton Counseling Center

BRIDGING THE GAP

There Goes The MOTHERHOOD

Are You Tired of Not Being Heard ?

What: This is a group for women who are faced with the challenges of motherhood. It is an opportunity to find support, share commonalities, and trials. Motherhood can be both the most fulfilling yet demanding job in the world, in which there is no training manual. None of us are experts, so we can only share our experiences. In a safe and nurturing group environment, members will become a sense of support to one another.

When: Time: TBD by participants

Where: Boca Raton Counseling Center

Facilitated by: Tara Benson, M.A; Licensed Marriage and Family Therapist

Fee: \$40.00 for 90 min.

How To Join: For admission to group contact me by telephone 561.948.3581 or email Tara@BocaRatonCounselingCenter.com

Boca Raton Counseling
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